



From Our Readers...

Dear Editor:

I really enjoyed your Spring 2000 issue, especially the "Cyber Safety" pages. I was glad to see you included the Right Spirit Campaign, of which I am the coordinator for the Navy.

I want to let you and your readers know that the listing for our web site needs to be updated. Our new address is www.navdweb.spawar.navy.mil.

Thanks for publicizing our efforts, and keep up the good work.

Lindsay Conner
Right Spirit Campaign Coordinator

The Right Spirit Campaign is the Navy's alcohol abuse preven-

tion program that deglamorizes the drinking of alcohol and teaches Sailors it's OK not to drink.—Ed.

Dear Editor:

Thanks for the complimentary copy of Ashore. It has always been a top-rate safety publication with lots of good-to-know information and interesting articles that benefit more than just Navy members.

Preston K. Nichols
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How To Order ORM Cards

To get your own sets of ORM cards like the Safety Center issues at their training, contact Defense Automated Printing Service 1641 Morris Street, Bldg. KBB Norfolk Naval Station Norfolk VA 23511-4399 The POC is Mike Benton, (757) 444-7724, Ext. 15 (DSN 564), e-mail mbenton@daps.dla.mil



We welcome your comments about the articles in this magazine or about any safety issue. Send letters to the editor, with your name, address and work phone number to:

Editor, *Ashore*
Code 713
Naval Safety Center
375 A Street
Norfolk, VA 23511-4399

You can e-mail letters to vmack@safetycenter.navy.mil or fax them to (757) 444-6791 (DSN 564). Letters may be edited for space and clarity.

No Tricks, Just Treats

Halloween is an exciting time for kids and adults, but it's also a holiday that can be dangerous. Here are some ideas you may consider while trying to make your child's Halloween fun and safe. You big kids may benefit from them also.

Dressing Up

- Choose a light-colored costume, or add glow-in-the-dark tape to the front and back of it.
- Don't buy a costume unless it's labeled, "fire-retardant."
- Wigs and beards shouldn't cover the mouth or eyes.
- Avoid wearing a mask. They can make it difficult to see or breathe. Instead, use non-toxic face paint or make-up. If you have to use a mask, make sure the eye-holes are large enough to see through. Cut them out more if you have to.

• Avoid over-size or high-heel shoes for children. They may trip. Long, baggy skirts, pants, or shirt sleeves can catch on something and make the person fall.

- Any props, such as swords or wands, should be made of a flexible material.
- Check your child's candy before letting them eat any.

Homeowners

- Make sure your yard is clear of such things as ladders, hoses, dog leashes, or flower pots that can trip people.
- Battery-powered jack-o-lantern candles are preferable to the real thing. The battery-powered candles people put in their windows at Christmas are ideal for this.
- If you do use candles, place the pumpkin well away from where trick-or-treaters will be walking or standing.

ATCS(AW) Mark Butler
VP 16