

WEB-BASED ERGONOMICS TRAINING NOW AVAILABLE

The Defense Safety Oversight Council (DSOC) funded an initiative to provide web-based ergonomics training to DoD civilian employees and military personnel. The two-tiered ergonomics training program provides the information and basic skills for the employee and supervisor to recognize ergonomic concerns and take corrective action.

Tier I – Ergonomics Awareness (**Now Available**)

- Targeted to employees, supervisors, military personnel and senior leadership
- Overview of ergonomics, risk factors, hazard management and control
- Satisfies OPNAVINST 5100.23G training requirement that *ALL employees SHALL* receive general ergonomics training

Tier II – Advanced technical training in workplace evaluations (Estimated release date August 2008)

- Targeted to SOH, IH, Ergonomics Subcommittees
- Hazard prevention and control solutions, program management
- Does not replace the NAVSAFENVTRACEN Navy Ergonomics Program Course A-493-0085, used as a supplement or review

How to access the training:

Training is available from 2 sites:

(1) Enterprise Safety Applications Management System (ESAMS). Training is only available for personnel with an ESAMS account.

(2) Defense Ammunition Center. Directions for access:

First register at <http://ammo.okstate.edu>

- Select “WBT Registration Site” link in the left column
- Anyone with a “.mil” address can create an account
- Contractors or others will be charged \$500 for an account

Once registered login to

- <https://ammoschool.sumtotalsystems.com>
- Scroll down and place “ergonomics” in the search box
- Select “Ergonomics Awareness” and begin the course

To have a record showing you completed the course and satisfied the requirements of OPNAVINST 5100.23G

- When you complete the course select “View My Transcripts” located in the left column
- Print your transcript for Ergonomics Awareness
- Keep a copy for yourself and send one to your supervisor
- A “print your certificate of completion” option is in process