



Don't Go Away Mad ...

... especially on a moving object. You just might end up with a couple of screws in your wrist and an a lot of explaining to do ... kinda like the subject of this x-ray photo.

Our "victim" had just lost an argument with his wife. He decided to express his anger by riding off on his motorcycle ... you know, engine roaring, tires spinning, dirt flying. All was well until he approached a tight curve where, as fate would have it, the throttle got stuck in the "vrooom" position and the brakes didn't, uh, brake. Picture it ... a wide-eyed rider skidding across the pavement like a flat rock on a calm lake, then sliding into a mailbox in a plume of dust. Crash, bang, boom. Don't panic, folks, the motorcycle was not broken. Feeling lucky to be alive, he picked himself up and rode, with his tail pipe between his legs, back to his home to get medical attention for his broken wrist. Fortunately, and to his credit, he was wearing all the appropriate safety gear, which saved his life, evidenced by the divot taken out of the helmet.

People express their anger in different ways, especially after they've lost an argument. Some people grit their teeth and growl, some throw things, some hit things, and some get in their cars and drive away fast. Folks, however you choose to manage your anger, just be sure you're venting in such a way that you don't hurt yourself or anyone else while you're doing it.